

# PROGRESSION IN THE OUT-OF-DOORS

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First printed April, 1953  
 Girl Scout Leader  
 Revised September, 1977 –  
 Program Department,  
 GSUSA©

## Look Out



*Wonder what this world is like that starts at our doorstep.*

## Meet Out



*Look, listen, feel, smell, observe the World of the Out-of-Doors.*

- See—  
trees, birds, buildings
- Listen—  
to nature sounds  
to city sounds
- Enjoy—  
nature games  
nature songs
- Find—  
ways to protect  
and improve the  
environment.

## Walk Out



*Walk around the block to see what we can see.*

- Locate a food chain
- Watch for sky spectaculars
- Examine a micro-habitat
- Trace neighborhood smells
- Look for tracks, trails, and traces of other living things
- Pinpoint pollution problems
- Touch a tall tree

## Hike Out



*Walk with a purpose.*

- Bird hike
- Rock hike
- Gadget hike
- Metric hike
- Penny hike
- Color hike
- Rainbow hike
- Trailing hike
- Hobo hike
- Compass hike
- Litter hike
- Heritage hike

## Cook Out



*Now are we ready to try*

- To whittle shavings or a fuzz stick
- To light a fire—and put it out safely!
- To prepare—  
Nosebag,  
One pot,  
Skillet,  
Stick,  
toasting,  
broiling,  
Ember,  
mud,  
wet paper,  
Reflector,  
planking,  
Beanhole,  
emu,  
Hayhole,  
Trail and other  
no cook meals.

## Sleep Out



*For more*

- Prepare for an overnight
- Make equipment needed:  
bedroll  
stuffbags  
toilet kit  
camp gadgets
- Tie three knots:  
square knot  
clove hitch  
bowline
- Plan:  
what to take  
what to eat
- Make a kaper chart
- Know how to choose a good safe spot for sleeping
- Know how to make a comfortable bed without disturbing the environment

## Camp Out



*and more.*

- Plan what to wear and what to take.
- Know safety rules and first aid.
- Make outdoor and housekeeping equipment:  
cooking utensils  
toasting forks or broilers  
pot hooks and cranes
- Be safety wise—with jackknife, tools and fire
- Establish a camp site with:  
caches  
latrine  
sleeping quarters  
kitchen area
- Lash gadgets:  
table, washstand
- Pitch and strike a tent
- Handle dishwashing, garbage and grease disposal in environmentally sound ways

## Trip Out



*Now we will use everything we have learned to plan a trip that offers interest and worthwhile program possibilities.*

- Plan meals, menus, select places to eat, purchase and provide storage of food.
- Plan routes, transportation, and necessary arrangements.
- Use road maps, city maps, geological survey maps, charts, timetables, and compass.
- Select, set up, and dismantle camp site in a minimum of time.
- Determine trip costs. make a budget, and keep financial records.
- Select, pack, and transport minimum personal and group equipment needed for personal use, shelter, cooking, eating, and sanitary needs.

# COME ALONG WITH US FOR OUTDOOR FUN